



Live Well Today and Prepare for Tomorrow

07 August 2026 | Wealth | 4 minutes

THOUGHT FOR THE DAY

Use one part for daily life, two parts to support your work, and keep the fourth part for times of need.

Siddhartha Gautama | the Buddha

What does it mean?

This teaching offers a simple order: one part of our money supports life today, two parts strengthen our work, and one part is kept for difficult times. It is not a fixed rule for modern life. It reminds us that daily living, personal growth, and security all deserve attention.

When we divide money with care, we also learn to put our wishes in order. A short-lived desire does not have to push aside every important goal. In this way, patience and trust in our own choices can grow—even when we can begin with only a small amount.

Put it into practice

- 01 Whenever money comes in, first divide it into three areas: daily life, growth, and security.
- 02 Begin with amounts that truly fit your life. Small steps still count.
- 03 Before an unplanned purchase, ask: Which important goal will have less money afterwards?

YOUR TASK FOR TODAY

Write "Daily life", "Growth", and "Security" on a page. Take an amount you receive regularly and divide it among these three areas in five minutes.

YOUR QUESTION

Which area needs more attention now so that you can look to the future with greater peace of mind?