



Wrong Remains Wrong

10 August 2026 | Character | 4 minutes

THOUGHT FOR THE DAY

Even when someone treats us unjustly, we must not act unjustly ourselves.

Socrates

What does it mean?

In the Crito, a friend offers to help Socrates escape from prison. Before deciding, Socrates holds to one principle: we must not answer one wrong with another. What someone else does cannot make our own wrong action right.

The same applies to disputes about money, work, or trust. Anger is understandable. Even so, we can protect ourselves, stay truthful, and seek a fair solution. Our actions can then follow honesty and fairness instead of another person's mistake.

Put it into practice

- 01 Before sending an angry reply, take ten calm breaths.
- 02 Write one sentence stating only what happened. Do not guess why the other person acted that way.
- 03 Decide what you can now say or do clearly without becoming unfair yourself.

YOUR TASK FOR TODAY

For a dispute that is troubling you, write two sentences: "This is what happened." and "This is how I will respond clearly and fairly."

YOUR QUESTION

How can you protect yourself without acting unfairly?