



Big Goals Grow from Small Steps

16 August 2026 | Knowledge | 4 minutes

THOUGHT FOR THE DAY

Without connecting small steps, we cannot complete a long journey. Without bringing small streams together, we cannot fill a river or sea.

Xunzi

What does it mean?

Xunzi is speaking about learning and the development of character. Knowledge grows when we repeat small steps and do not give up.

The same idea matters today. One good decision alone changes little. Regular learning and honest review make us more confident and less dependent on trends or other people's opinions.

Put it into practice

- 01 Choose one skill you want to improve over the next four weeks.
- 02 Set aside five minutes each day to practise this skill.
- 03 Write one sentence after each practice session about what you learned.

YOUR TASK FOR TODAY

In five minutes, write down which skill you will practise and when you will start tomorrow.

YOUR QUESTION

Which small learning step brings you closer to your goal?