



Check the Facts Before a Money Decision

06 September 2026 | Decisions | 3 minutes

THOUGHT FOR THE DAY

First impressions often speak with certainty; wisdom listens a second time.

Chrysippus

What does it mean?

Many centuries later, Diogenes Laertius reported on Stoic logic. In his account, withholding belief from a first impression is a strength. Today's thought applies that idea in clear, modern language.

A strong opinion can still be wrong. Separating facts from assumptions before a money decision strengthens self-control. It can prevent costly mistakes and protect your wealth.

Put it into practice

- 01 Write down the fact you know about a current money decision.
- 02 Note separately what you are only assuming.
- 03 Wait before deciding if an important fact is missing.

YOUR TASK FOR TODAY

Choose a current money decision. In five minutes, write one sentence under "Fact," "Assumption," and "Next step."

YOUR QUESTION

Which assumption should you check before your next money decision?