



Decide What Is Enough for You

13 September 2026 | Wealth | 3 minutes

THOUGHT FOR THE DAY

Those who decide what is enough for themselves do not live by the measure of others.

Horace

What does it mean?

In Satire 1.1, Horace asks why people keep striving for more money. He tells of a rich man who still feared poverty. Today's thought clearly paraphrases this criticism and is not a direct quotation.

Enough does not mean giving up your goals. It means knowing how much security you need and what your money should make possible. A limit you set for yourself strengthens your self-determination. Without this limit, every new amount can feel too small again.

Put it into practice

- 01 Write down one financial goal that would give you more security.
- 02 Note how you will know that you have reached this goal.
- 03 Decide what you want to keep saving for after that.

YOUR TASK FOR TODAY

In five minutes, complete two sentences:
"I will have enough security when ..." and
"After that, I will save for ...".

YOUR QUESTION

How will you know that you have reached your security goal?