



Ask for Advice, Decide for Yourself

02 October 2026 | Decisions | 3 minutes

THOUGHT FOR THE DAY

It takes strength to ask for advice and carry the decision yourself.

MLDP VALUE Editorial Team

What does it mean?

Asking for advice shows that we do not have to know everything on our own. Good advice can reveal facts, risks or possibilities that we have missed. The responsibility still remains with us: we examine the advice and choose for ourselves.

When building wealth, a second perspective can protect us from costly mistakes. Someone we trust may point out costs or risks. If we then check the numbers and consequences ourselves, we make a more thoughtful decision and take responsibility even when the result is not perfect.

Put it into practice

- 01 Choose one money decision about which you feel uncertain.
- 02 Ask someone you trust for one specific objection to your current choice.
- 03 Check the most important number yourself, such as the price, a fee or the possible loss.

YOUR TASK FOR TODAY

In five minutes, complete three lines: 'My decision: ...', 'The most important advice: ...' and 'What I will check myself: ...'.

YOUR QUESTION

Which advice should you hear before deciding for yourself?