



A Great Journey Starts with One Step

10 October 2026 | Courage | 3 minutes

THOUGHT FOR THE DAY

Even a journey of a thousand miles begins with a first step.

Daodejing | traditionally attributed to Laozi

What does it mean?

The Daodejing places three images together. A great tree grows from a tiny shoot, and a high tower rises from piled earth. A journey of a thousand li begins beneath one's feet; li is an ancient Chinese measure of distance. The text shows that great undertakings begin small.

Today we can apply this idea to building wealth. You do not need to invest a large sum at once. One small amount set aside regularly builds a habit. You can increase it later when the amount fits your income.

Put it into practice

- 01 Choose a long-term money goal, such as an emergency fund or retirement savings.
- 02 Set a small amount that you can put aside today.
- 03 Set a monthly automatic transfer for that amount.

YOUR TASK FOR TODAY

In no more than five minutes, transfer a small starting amount to the account for your money goal.

YOUR QUESTION

What first amount can you set aside for your goal today?