MLDP VALUE

STRATEGY | VALUES | GROWTH

WEALTH INSIGHT #074

Small Additions Grow Through Steady Habits

14 October 2026 | Patience | 3 minutes

THOUGHT FOR THE DAY

If you keep adding a little to a little, it will soon become much.
Hesiod

What does it mean?

Hesiod describes how a store of supplies grows when we keep adding to it. Even small amounts count when we put something aside regularly. This is about steady accumulation, not a promise of high returns.

Today the thought reminds us to practise patience and discipline in daily life. Saving an affordable amount regularly strengthens our reserve. Building wealth also means watching our spending and choosing risks carefully.

Put it into practice

01 Choose a small amount you can comfortably set aside each week.

02 Set a fixed day of the week for this habit.

03 Note after four weeks how often you followed through.

YOUR TASK FOR TODAY

In no more than five minutes, write down your weekly amount and your first saving day.

YOUR QUESTION

Which small habit will you keep for four weeks?

Paraphrased from Hesiod | Hesiod, Works and Days, lines 361–362. Not a direct quotation.