WEALTH INSIGHT #117

Find the Measure That Fits

26 November 2026 | Judgement | 3 minutes

THOUGHT FOR THE DAY

You find the right measure by considering your means and the situation at hand.
Aristotle

What does it mean?

Aristotle describes appropriate action as a mean relative to the person and the circumstances. This is not a mathematical average. It requires judgement about the particular situation.

A savings amount should also fit your life. What others save may be too much or too little for you. Examine income, essential spending and your reserve for unexpected costs.

Put it into practice

01 Name an amount you would like to save regularly.

02 Compare it with essential spending and your available reserve.

03 Check whether it would remain manageable in a more expensive month.

YOUR TASK FOR TODAY

Spend five minutes noting your savings amount and two circumstances that would lead you to review it.

YOUR QUESTION

What measure fits your circumstances rather than other people's expectations?

Idea based on Aristotle | Aristotle, Nicomachean Ethics II.6, 1106a26–1107a8